

SUSTAINABLE AND RESPONSIBLE TOURISM GUIDELINES

Educational Journeys is committed to enjoying and preserving our fragile planet, by ensuring environmental and cultural demands are kept as low as possible. Here are some simple, but effective, tips designed to help you support our objectives:

PACKING

- ✓ If you need a suitcase or backpack for your tour, consider borrowing from family or friends or buying secondhand before purchasing brand new.
- ✓ Pack light. Your gear will weigh less which means the airplane weighs less which means less fuel and less carbon emissions used for your trip.
- ✓ Make sure you pack with you a couple of reusable shopping bags, carry these in your day pack for any souvenir shopping.
- ✓ Pack your own water bottle and keep cup. If travelling to countries where drinking water might not be safe to drink, there are several options for good quality water bottles with filters.

DURING YOUR FLIGHT

- ✓ Have your water bottle/keep cup in your carry on (must be empty going through security) and ask the flight attendant to fill this up throughout your flight.
- ✓ If a plastic cup is required, please re-use this throughout your flight.
- ✓ You will likely be provided with a blanket, pillow and headphones that are wrapped in plastic. If you don't require these, leave unopened or give them back to the flight attendants so that they can be used again.
- ✓ With flights where meals are provided, please only take what you will eat and drink when they first serve your meal. If unopened food items are returned on a used tray, they cannot be reused.

ON GROUND

- ✓ Hotels will provide towels, please reuse these and opt to not have your sheets changed daily. You can hang your towels back up and put the do not disturb sign on your door.
- ✓ Hotels will most likely have mini shampoo and conditioners, soaps, shower caps etc. Please don't use these unless necessary and leave any unopened products for the next guests.
- ✓ Only turn on the services you need. Don't forget to turn off the air conditioner if you are out all day.

- ✓ Try to avoid using hotel laundry service. They do each person's load separately to avoid getting your items mixed up. If you need to wash, try some handwashing or share a laundromat load with friends.
- ✓ Ask questions when shopping. Make sure that what you are buying is local and ethical.
- ✓ Take extra care when traveling to heritage listed sights and respect signage, even if the chance to get the ultimate selfie is there.
- ✓ Do not climb on monuments or artefacts.
- ✓ Skip the McDonalds for lunch and look for local restaurants or markets with locally sourced ingredients.
- ✓ Return maps, brochures and other tourist information so that they can be used again.
- ✓ Don't litter, abide by each city's recycling programs.

INCENTIVE

How would you like to reduce your environmental impact *and* go into a draw to **win a \$100 voucher?**

All you need to do is return your Educational Journeys ticket wallet to the program leader at the end of your program.

Each group member that returns their wallet will go into the draw. (T&C apply)

We are always open to suggestions and are continually looking at ways to help minimise our environmental impact.

Should you have any suggestions don't hesitate to email enquire@educationaljourneys.com.au